

PREGNANCY NOTICE AND INDIVIDUAL PRESCRIPTION PRENATAL CLINICS

Expected date of delivery (EDD) (yyyy/mm/ dd) ____/____/____ (required)

SAMPLING 1 : between 10^{0/7} and 13^{6/7} weeks of pregnancy

Routine 1:

- Hb-Ht (HBHT0)
- Blood group and antibody test (BSANG)
- Random blood glucose (GLU)
- SMU and urine DCA (SOMU) and (DCA)
- Syphilis serology (SYHS)
- Hepatitis B serology (HBsAg) (HBSGR)
- HIV serology (with user's consent) (VIH)
- Anti-rubella antibody (IgG) (RUBG)
(unless previously vaccinated or with a serology history of more than 9 UI/ml)

Other tests:

- TAAN [PCR] vaginal chlamydia/gonorrhea (CLAGO) self-sampling
- TSH (TSH)
- Induced oral hyperglycemia in pregnancy (HGOP)
Blood glucose at time 0, 1h and 2h post 75g glucose (HYPGR)
- Glycated Hemoglobin (HBA1c)
- Hemoglobin electrophoresis (ELEHB)
- Hepatitis C serology (HEPC)
- VZV (chicken pox) (IgG) (VARIG)
- Toxoplasmosis(IgG) (TOXG)
- Parvovirus B19 (IgG) (PARVG)
- CMV (IgG) (CMVG)
- _____
- _____
- _____

Sampling 2 : between 26^{0/7} and 28^{6/7} weeks of pregnancy

Routine 2:

- Hb-Ht (HBHT)
- Blood type and antibody test (BSANG)
- Blood glucose 1h post 50g glucose (GLU50)
- SMU and urine DCA (SOMU) and (DCA)

dcaT vaccine : between 26 and 32 weeks and from 33 weeks until the end of the pregnancy if the client has not received it before (PIQ¹)

If blood type is TH negative :

- WinRho^{MD} IM 300 µg at 28 weeks of pregnancy or as soon as possible thereafter
 - Informed consent obtained
- Risks, benefits and alternatives of WinRho® administration were discussed with the user

Other tests:

- Induced oral hyperglycemia in pregnancy (HGOP)
Blood glucose at time 0, 1h and 2h post 75g glucose (HYPGR)
- Glycated Hemoglobin (HBA1c)
- TSH [TSH]
- _____
- _____
- _____
- _____

Name: _____

Doctor FLSNP Midwife

Signature: _____

Licence # : _____ Date: ____/____/____

Clinic Name : _____

(yyyy/mm/j)

Note : This form is to be considered as any outpatient prescription. Its pre-printed content has not been validated by the CMDP of the CHU de Québec- Université Laval

¹ Quebec Immunization Program

Nom :

Prénom :

Dossier :

PRENATAL CLINICS of the CIUSSS de la Capitale-Nationale

The prenatal clinic is a special place for you to discuss your concerns and needs regarding your pregnancy, birth, breastfeeding and return home with a nurse. She will meet you between the 10th and the 13th week of your pregnancy to:

- Take your blood samples ;
- Give you the guide « From Tiny Tot to Toddler »;
- Provide you with the appropriate resources for your needs ;
- Discuss any topic that is important to you ;
- Ensure continuity of services with the desired place of birth.

Pregnant women living with no or low income may be eligible for the Olo Program (Eggs, milk, vegetables) or the SIPPE (Integrated Perinatal and Early Childhood Services) Program as early as the 12th week of pregnancy. If you think you may be eligible, talk to the prenatal clinic nurse.

FOR THE ROUTINE 2 APPOINTMENT :

For Rh-positive women, staff will schedule the appointment in a lab test clinic.

For Rh-negative women, staff will schedule the appointment at a prenatal clinic.

To make an appointment, use the following numbers according to your area of residence:

QUEBEC CITY REGION

APPOINTMENT OFFICE: 418 628-6808

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| • CLSC Orléans (Beaupré), 11000, rue des Montagnards | • CLSC Sainte-Foy-Sillery, 3108, chemin Sainte-Foy |
| • CLSC Orléans (Maizerets), 2480, chemin de la Canardière | • CLSC des Rivières (Édifce Christ-Roi), 900, boul. Wilfrid-Hamel |
| • CLSC La Source (Nord), 791, rue Sherwood | • CLSC de la Basse-Ville (Édifce Sacré-Cœur), 1, avenue du Sacré-Coeur |
| • CLSC La Source (Sud), 190, 76 ^e Rue Est | • CLSC Limoilou, 1405, chemin de la Canardière |
| • CLSC de la Jacques-Cartier (Loretteville), 11999 A, rue de l'Hôpital | |

PORTNEUF REGION

- CLSC de Saint-Marc-des-Carrières, 1045 Boulevard Bona Dussault 418 268-3571
- CLSC de Donnacona, 400, route 138, Donnacona, 418 285-2626
- CLSC de Saint-Raymond, 700 Rue Saint Cyrille, 418 337-4611
- CLSC de Pont-Rouge, 3 Rue du Jardin, 418 873-6062

CHARLEVOIX REGION

- CLSC de La Malbaie, 535 Boulevard de Comporté, 418 665-6413
- CLSC de Baie-Saint-Paul, 10 Rue Boivin, 418 435-5475

WENDAKE HEALTH CENTRE

- Centre de santé Marie-Paule-Sioui-Vincent, 255, Place Chef Michel Laveau, 418 842-6255

JEFFERY HALE COMMUNITY SERVICES IN ENGLISH

- 1250, chemin Sainte-Foy, 418 684-5333, poste 11805